

Chronic Pain 6 Week Self-Management Workshop Peer Leader Training Helping People Self-Manage their Chronic Pain



We are currently recruiting Peer Leaders for the Chronic Pain Self-Management Program (CPSMP).

The 6 week, twice a week, Peer Leader Training will be held virtually on a ZOOM Platform. There is no cost for this training and all leader materials will be sent to you. You will be required to complete an application form.

Training will be on Mondays & Fridays starting February 20th until March 30th, 2026, from 1:00pm to 3:00pm.

To register please Contact: **Sally Kirby** at:
Email:- skirby@southlake.ca or, by phone: **289-231-0926**,
Or online: <https://healthy-living-now.ca/training-events/>