Brief
Action
Planning Workshop



The Brief Action Planning workshop provides health care professionals with a highly structured, patient-centered, evidence-based Self-Management support tool grounded in the principles and practice of Motivational Interviewing

Virtual

Friday February 26th, 2027
9:00am-12:00pm

Learn eight clinical competencies of Brief Action Planning
Acquire the skills for facilitating patient-centered goal setting and problem solving

No cost to participate/attend

For more information about this program or to register go to:
https://healthy-living-now.ca/clinician-workshops/
Or contact: Sally Kirby at 289-231-0926 or at skirby@southlake.ca

Ontario

CCMI
Centre for Comprehensive Motivational Interventions